



LEARNERS TODAY, LEADERS TOMORROW

Uniform Policy Handbook

2023 -2024



Uniform Shop

CIS uniforms are available for purchase from our Uniform Store, which is located in the school cafeteria adjacent to the Sport and Arts Complex.

Normal Store Hours Term Time

Monday to Thursday, 8.00 am – 3.30 pm

Friday, 8.00 am – 11.30 am

Start of new school year hours

Monday 8 August to Thursday 11 August, 8.00 am – 1.30 pm

Friday 12 August, 8.00 am – 11.30 am

Monday 15 August onwards regular hours

Purchases can be made using cash or cheque. No credit card facilities are available.

Contact Details

Gibu Joseph – Manager

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Personal Presentation

All students are encouraged to feel pride in being members of CIS, and their uniform identifies them as such. Appropriate dress is expected of all students and good grooming is equally important. Parents will be contacted if the uniform worn by the student is incomplete or inappropriate. Continued violation of uniform expectations will result in disciplinary action.

On designated theme days, students are permitted to wear non-uniform clothes; however, they are expected to wear appropriate, modest dress on these days. Halter/tube tops, short shorts, ripped jeans, yoga pants and bare midriffs are considered unacceptable. Inappropriately dressed students will be asked to change promptly into a school uniform or will be sent home immediately.

School Spirit Days are held every month. This is a day to show either school spirit or house spirit. This is done by wearing school colours or house colours. Spirit Day is not a free-dress day.

Dress Up Days are held occasionally, and students are encouraged to keep to the prescribed theme. Dress Up days are not free-dress days.

CIS uniforms can be purchased on-line or from the CIS Uniform Store. Purchase form and measurement guide can be found [here](#).

Students are required to wear their CIS PE kit for all athletic and physical education activities. Students are reminded to maintain good hygiene after participating in strenuous physical activities.

While the uniform store carries a variety of sizes, there are occasions where sizes are not available. We appreciate parent support in ensuring that students' clothing is appropriately always aligned with the school uniform. The School Administration has final word on what constitutes appropriate uniforms.



Uniform Requirements

Primary (Grades KG1 - 6)

All primary students are to wear their red CIS uniform shirt with the CIS logo, skirt/shorts purchased from the CIS Uniform Store, and black closed-toe shoes. Shoes should be all black. Sandals, flip-flops, crocs etc. are not permitted.

During the months of December through the end of February, elementary students can wear the red CIS zip front jacket or a plain red zip up jacket with no visible emblems, pictures or labels. Students must wear the uniform under the hoodie and be prepared to remove the hoodie at the discretion of the staff member. Please note that the red GAP hoodie is not an acceptable uniform item.

Sun Protection:

Skin cancer and melanoma rates are on the rise all over the world, and overexposure to the sun during childhood and adolescence is a contributing factor to the development of skin cancer later in life. In order to protect students from harmful ultraviolet (UV) rays of the sun, all primary students (KG1 - Grade 6) are strongly encouraged to wear a hat and bring sunscreen to school.

Students wearing religious headgear are expected to wear a monochromatic colour, preferably black, or red, or white. Students are not permitted to wear hats or hoods up inside the school building.



UNIFORM SET BOYS

KINDERGARTEN TO GRADE 6 UNIFORM

STANDARD UNIFORM

<p>RED POLO T-SHIRT</p> 	<p>BOYS CARGO SHORTS</p> 	<p>FLEECE JACKET</p> 	<p>ACCESSORIES</p> <p>CAP</p> 
<p>*PE KIT FOR KG 1 AND KG 2 IS VOLUNTARY</p>			
<p>PE UNIFORM</p> <p>PE T-SHIRT</p> 	<p>MICRO PE SHORTS</p> 	<p>PE TRACK PANTS</p> 	

UNIFORM SET GIRLS

KINDERGARTEN TO GRADE 6 UNIFORM

STANDARD UNIFORM

<p>RED POLO T-SHIRT</p> 	<p>GIRLS SHORT</p> 	<p>FLEECE JACKET</p> 	<p>ACCESSORIES</p> <p>CAP</p> 
<p>*PE KIT FOR KG 1 AND KG 2 IS VOLUNTARY</p>			
<p>PE UNIFORM</p> <p>PE T-SHIRT</p> 	<p>MICRO PE SHORTS</p> 	<p>PE TRACK PANTS</p> 	



Uniform Requirements

Secondary (Grades 7 -12)

All students are expected to wear the CIS uniform, consisting of:

- White CIS shirt.
- Red CIS sweater (optional) or a plain V-neck red sweater, with no visible emblems, pictures, or labels. Grade 12 students may wear their “grad sweater” throughout the year.
- Black CIS pants.
- Black shoes/trainers/runners. Black dress shoe or lace up shoe. Shoes should be all black. Sandals, flip-flops, crocs etc. are not permitted.
- For the months of December through the end of February, if a student needs an extra layer to stay warm, CIS will permit a plain red (no logos) cardigan or zip up hoodie. Students must wear the uniform under the hoodie and be prepared to remove the hoodie at the discretion of the staff member. Please note that the red GAP hoodie is not an acceptable uniform item.

NOT permitted during a regular school day:

- Coloured or patterned t-shirts under CIS shirts.
- Black jeans, leggings, yoga pants or tight-fitting garments.
- Coloured footwear.
- Sandals, flip-flops, CROCS, ballet flats.
- PE Kit (except for KG students).
- Hats, caps and hoods are **not** to be worn in-doors, including CIS caps.
- Pullover hoodies of any type other than Grad Sweaters for Grade 12.
- Zip up hoodies or any color, other than red.

Dress-down/Special days:

- Clothing based on specific themes.
- House league colours for Spirit Days.

NOT permitted during dress-down/special days:

- Flip-flops/sandals.
- Tight leg-wear/shorts.
- Ripped jeans (Ordinary jeans may be allowed on designated days).
- Crop-tops, halter tops, tanks tops.
- Short shorts, dresses or skirts.

Students wearing religious headgear are expected to wear a monochromatic colour, preferably black, or red, or white. Students are not permitted to wear hats or hoods up inside the school building.



UNIFORM SET GIRLS

GRADE 7 - 12 UNIFORM

STANDARD UNIFORM



PE UNIFORM



ACCESSORIES

CAP



UNIFORM SET BOYS

GRADE 7 - 12 UNIFORM

STANDARD UNIFORM



PE UNIFORM



ACCESSORIES

CAP

