



Canadian International School Abu Dhabi Cafeteria Hot Meals Menu

| 1st Week | MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|-------------------|-----------------------------|-----------------------------|----------------------------------|--------------------------------|
| OPTION-1 | SPANISH CHICKEN | CHICKEN ALA KING | SWEET & SOUR CHICKEN | CHICKEN MANDI |
| PASTA/RICE/POTATO | MACARONI AU GRATIN | VEGETABLE'S CHOWMEIN | HERB RICE | BATATA HARRAH |
| OPTION -2 | CHICKEN CHILLY | BUTTER CHICKEN | CHICKEN BIRIYANI | SAUTEE VEGETABLE |
| PASTA/RICE/POTATO | VEG FRIED RICE | BIRIYANI RICE | RAITA | CHICKEN LASAGNA |
| OPTION -3 | BEEF IN OYSTER SAUCE | BEEF STROGANOFF | BEEF LASAGNA | MEATBALLS W/ TOMATO SAUCE |
| PASTA/RICE/POTATO | PASTA PRIMAVERA | MASHED POTATOES | ROASTED CARROT & BEANS | SAUTED PASTA W/ ONION & GARLIC |
| 2nd Week | MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
| OPTION-1 | CHICKEN PESTO | CHICKEN PERI-PERI MILD | HONEY GLAZED CHICKEN | BUTTER CHICKEN |
| PASTA/RICE/POTATO | PENNE PASTA | BUTTERED NOODLES | MAC & CHEESE | LEMON RICE |
| OPTION -2 | CHICKEN MANCHURIAN | CHICKEN TIKKA MASALA | CHICKEN BIRIYANI | MEXICAN STYLE CHICKEN MILD |
| PASTA/RICE/POTATO | VEG FRIED RICE | JEERA PULAO | RAITA | SAUTED NOODLES |
| OPTION -3 | BEEF BULGOGI | BEEF STEW | SPAGHETTI BOLOGNESE | BEEF LASAGNA |
| PASTA/RICE/POTATO | STIR- FRIED NOODLES | HERB RICE | ROASTED VEGETABLE | ROASTED VEGETABLE |
| 3rd Week | MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
| OPTION-1 | CHICKEN PAMIGIANA | KENTUCKY CHICKEN FRY | GRILLED CHICKEN W/ PEPPER SAUCE | HONEY GLAZED CHICKEN |
| PASTA/RICE/POTATO | PESTO PASTA | SPAGHETTI NEPOLITAINE | PASTA ALFREDO | MAC & CHEESE |
| OPTION -2 | SWEET & SOUR CHICKEN | CHICKEN BIRIYANI | CHICKEN TIKKA MASLA | VEGETABLESCHOP-SUEY |
| PASTA/RICE/POTATO | GARLIC FRIED RICE | RAITA | AFGHANI PULAO | CHICKEN FRIED RICE |
| OPTION -3 | STIR- FRY BEEF | BEEF GOULASH | BEEF MONGOLIAN | BBQ POTATOES |
| PASTA/RICE/POTATO | STIR-FRY VEG NOODLES | MASHED POTATOES | HERB RICE | BEEF LASAGNA |
| 4th Week | MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
| OPTION-1 | PARMESAN CRUSTED CHICKEN | CHICKEN MANDI / MANDI SAUCE | BUTTER CHICKEN | GRILLED HONEY MUSTARD CHICKEN |
| PASTA/RICE/POTATO | POTATO GRATIN | BATATA HARRAH | STEAMED BASMATI WHITE RICE | SWEET & SOUR VEG NOODLES |
| OPTION -2 | PESTO CHICKEN PASTA | CHICKEN PARMIGIANA | CHICKEN ENCHILADAS | CHICKEN BIRIYANI |
| PASTA/RICE/POTATO | CHEDDER CHEESE & ONION PIE | SAUTED GREEN VEGGIES | STEAMED VEGGIES CUT INTO- STRIPS | RAITA |
| OPTION -3 | SPAGHETTI W/ BEEF MEATBALLS | BBQ BEF STEAK | HUNGARIAN BEEF STEW W/ VEGGIES | SHREDDED CHICKEN W/ VEG |
| PASTA/RICE/POTATO | STEAMED GREENS | POTATO WEDGES | STEAMED BASMATI WHITE RICE | PASTA AL-FUNGHI |