



Canadian International School Abu Dhabi Cafeteria Hot Meals Menu

1st Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
OPTION-1	CHICKEN PARMIGIANA	SWEET & SOUR CHICKEN	CHICKEN STROGANOFF	CHICKEN TIKKA MASALA
PASTA/RICE/POTATO	MAC & CHEESE	VEG-CHOWMAIN	HERB RICE	STEAMED RICE
OPTION -2	CHICKEN MANDI/MANDI SAUCE	BUTTER CHICKEN	CHICKEN BIRIYANI	CHICKEN ENCHILADAS
PASTA/RICE/POTATO		STEAMED RICE	RAITA	BEANS CASSEROLE
OPTION -3	MONGOLIAN BEEF	BEEF GOULASH	BEEF LASAGNA	MEATBALLS W/ TOMATO SAUCE
PASTA/RICE/POTATO	STEAMED RICE	MASHED POTATO	RATATOUILLE	SPAGHETTI AGLIO OLIO
2nd Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
OPTION-1	GRILLED CHICKEN BREAST IN CAPER SAUCE	CHICKEN PERI-PERI MILD	KENTUCKY FRY CHICKEN	STIR FRIED CHICKEN
PASTA/RICE/POTATO	PASTA PRIMAVERA	MAC & CHEESE	PENNE PASTA	VEG NOODLES
OPTION -2	CHICKEN CHILLI	BUTTER CHICKEN	CHICKEN BIRIYANI	GRILLED CHICKEN BREAST PORTUGUESE
PASTA/RICE/POTATO	CORN & PEAS FRIED RICE	STEAMED RICE	RAITA	BAKED MACARONI
OPTION -3	STIR-FRY BEEF	ROAST BEEF W/ GRAVY	BEEF MONGOLIAN	BEEF LASAGNA
PASTA/RICE/POTATO	STIR FRIED NOODLES	MASHED POTATOES	STEAMED RICE	RATATOUILLE
3rd Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
OPTION-1	BBQ CHICKEN	CRUMB FRIED CHICKEN BREAST	CHICKEN CACCITORA	CHICKEN IN OYSTER SAUCE
PASTA/RICE/POTATO	PESTO PASTA	PENNE PASTA	PASTA ALFREDO	SAUTED NOODLES
OPTION -2	CHICKEN MANDI/MANDI SAUCE	CHICKEN BIRIYANI	BUTTER CHICKEN	HONEY GLAZED CHICKEN
PASTA/RICE/POTATO		RAITA	STEAMED RICE	MAC & CHEESE
OPTION -3	BBQ BEEF STEAK	STUFFED BEEF W/ SAUCE	BEEF STROGANOFF	BEEF LASAGNA
PASTA/RICE/POTATO	MASHED POTATOES	SAUTED PASTA W/ VEGGIES	STEAMED RICE	VEG RATATOUILLE
4th Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
OPTION-1	CHICKEN ENCHILADAS	CHICKEN BIRIYANI	BUTTER CHICKEN	GRILLED HONEY MUSTARD CHICKEN
PASTA/RICE/POTATO	BEANS CASSEROLE	RAITA	STEAMED RICE	MAC & CHEESE
OPTION -2	CHICKEN CHILLI	KENTUCKY FRY CHICKEN	CHICKEN STEAK W/ MINT YOGURT DIP	CHICKEN STROGANOFF
PASTA/RICE/POTATO	VEG FRIED RICE	PENNE PASTA	PASTA ALFREDO	HERB RICE
OPTION -3	SPAGHETTI W/ BEEF MEATBALLS	BBQ BEEF STEAK	HUNGARIAN BEEF STEW W/ VEGGIES	BEEF LASAGNA
PASTA/RICE/POTATO	STEAMED GREENS	MASHED POTATO	MASHED POTATOES	VEG RATATOUILLE