



CAFETERIA HOT MEALS MENU

1st Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
OPTION - 1	BUTTER CHICKEN	CHICKEN TIKKA W MINT CHUTYNEY	CHICKEN BIRYANI	SWEET & SOUR CHICKEN
PASTA/RICE/POTATO	STEAM RICE	GARLIC RICE	RAITA	STIR FRIED NOODLES
OPTION - 2	BEEF STEAK W MUSHROOM SAUCE	LEMON HERB GRILLED CHICKEN	CHICKEN QUESADILLA	MEAT LASAGNA
PASTA/RICE/POTATO	ROASTED POTATO	VEGETABLE & CHICKPEA PILAF	STEAMED VEG	PARSLEY POTATO
OPTION - 3	CHICKE MACHBOOS	BEEF & OKRA STEW	DAWOOD BASHA	CHICKEN MANDI
PASTA/RICE/POTATO	DACOS	KABSA RICE	VERMICELLI RICE	DACOS
2nd Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
OPTION - 1	CHICKEN TIKKA MASALA	CHICKEN BIRYANI	MEXICAN CHICKEN ENCHILADAS	CHICKEN PERI PERI MILD
PASTA/RICE/POTATO	STEAMED RICE	RAITA	STEAMED VEG	MAC & CHEESE
OPTION - 2	BEEF STROGANOFF	GARLIC ROASTED CHICKEN	SHEPERD'S PIE	ROAST BEEF W/ GRAVY
PASTA/RICE/POTATO	HERBED RICE	PENNE ARABIATTA	ROASTED VEG	MASHED POTATO
OPTION - 3	CHICKEN FAJITA	LAMB KOFTA SANAIYA	BEEF TAJINE	CHICKEN KABSA
PASTA/RICE/POTATO	BRAISED ROOT	STEAM RICE	SAFFRON RICE	
3rd Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
OPTION - 1	BUTTER CHICKEN	CHICKEN PAPRIKISH	CHICKEN STROGANOFF	CHICKEN BIRYANI
PASTA/RICE/POTATO	STEAMED RICE	EGG NOODLES	HERB RICE	RAITA
OPTION - 2	BEEF & BROCCOLI	SALISBURY STEAK W ONION GRAVY	HONEY GLAZED CHICKEN	BEEF GOULASH
PASTA/RICE/POTATO	WHITE RICE	STEAM RICE	SPAGHETTI AGLIO E OLIO	STEAM RICE
OPTION - 3	MACARONI BECHAMEL	CHICKEN MUSAKHAN	KEBAB HALLA	BBQ CHICKEN
PASTA/RICE/POTATO	ROASTED VEG	ORIENTAL RICE	VERMICELLI RICE	PESTO PASTA
4th Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
OPTION - 1	CHILLI CHICKEN SEMI GRAVY	CHICKEN TIKKA MASALA	CHICKEN BIRYANI	CHICKEN CACCIATORE
PASTA/RICE/POTATO	HAKKA NOODLES	STEAMED RICE	RAITA	STEAM RICE
OPTION - 2	SWEEDISH MEAT BALL	BEEF LASAGNA	CHICKEN STROGANOFF	BEEF STEAK W MUSHROOM SAUCE
PASTA/RICE/POTATO	STEAMED RICE	VEG RATATOUILLE	STEAM RICE	MASHED POTATO
OPTION - 3	CHICKEN TAJINE	ARABIC ROAST CHICKEN	SPAGHETTI W MEAT BALL	LEMON GARLIC ROASTED CHICKEN
PASTA/RICE/POTATO	SAYADIYEH RICE	BUKHARI RICE	STEAMED GREENS	MAC & CHEESE