CANADIAN INTERNATIONAL SCHOOL

Alberta Accredited International School Canada

Cafeteria Hot Meals Menu (November-2026)				
1st Week	**MONDAY**	**TUESDAY**	**WEDNESDAY**	**THURSDAY**
	02-11-2026	**03-11-2026**	**04-11-2026**	**05-11-2026**
OPTION - 1	BBQ CHICKEN	ROAST CHICKEN	CHICKEN BIRIYANI	ARABIC ROAST CHICKEN
PASTA/RICE/POTATO	PENNE PASTA	MAC & CHEESE	RAITA	PASTA ARABIATTA
OPTION - 2	STRI FRY CHICKEN	BEEF STROGANOFF	MEAT LASAGNA	BUTTER CHICKEN
PASTA/RICE/POTATO	HAKKA NOODLES	LEMON RICE	ROAST VEGETABLE	LEMON RICE
OPTION - 3	CHICKEN MANDI	BUTTER CHICKEN	CHICKEN CACCIATORE	SPAGHETTI W/ MEATBALL'S SAUCE
PASTA/RICE/POTATO	MANDI SAUCE	STEAMED RICE	PENNE PASTA	
2nd Week	**09-11-2026**	**10-11-2026**	**11-11-2026**	**12-11-2026**
OPTION - 1	CHICKEN MUSAKHAN	CHICKEN BIRYANI	BUTTER CHICKEN	CHICKEN PERI PERI MILD
PASTA/RICE/POTATO	LEMON RICE	RAITA	STEAMED RICE	MAC & CHEESE
OPTION - 2	BEEF STEAK W/ GRAVY	BEEF STROGANOFF	SPAGHETTI W/ MEATBALL'S SAUCE	MEAT LASAGNA
PASTA/RICE/POTATO	MASHED POTATO	LEMON RICE		ROASTED VEGETABLE
OPTION - 3	BBQ CHICKEN	STIR FRY CHICKEN	HONEY GLAZED CHICKEN	CHICKEN KABSA
PASTA/RICE/POTATO	PENNE PASTA	VEG NOODLES	PENNE PASTA	RAITA
4th Week	**16-11-2026**	**17-11-2026**	**18-11-2026**	**19-11-2026**
OPTION - 1	CHICKEN BIRIYANI	SWEET & SOUR CHICKEN	BUTTER CHICKEN	CHICKEN TIKKA MASALA
PASTA/RICE/POTATO	RAITA	HAKKA NOODLES	STEAMED RICE	LEMON RICE
OPTION - 2	BEEF STROGANOFF	BBQ BEEF STEAK	CHICKEN QUESADILLA	MEAT LASAGNA
PASTA/RICE/POTATO	LEMON RICE	MASHED POTATO	ROASTED VEGETABLE	VEG RATATOUILLE
OPTION - 3	CHICKEN CACCIATORE	CHICKEN MUSAKHAN	SPAGHETTI W/ MEATBALL'S SAUCE	BBQ CHICKEN
PASTA/RICE/POTATO	PENNE PASTA	LEMON RICE		PESTO PASTA
5th Week	**23-11-2026**	**24-11-2026**	**25-11-2026**	**26-11-2026**
OPTION - 1	CHILLI CHICKEN SEMI GRAVY	BUTTER CHICKEN	CHICKEN BIRYANI	CHICKEN CACCIATORE
PASTA/RICE/POTATO	HAKKA NOODLES	STEAMED RICE	RAITA	PENNE PASTA
OPTION - 2	STIR FRY BEEF	MEAT LASAGNA	HONEY GLAZED CHICKEN	BEEF STEAK W MUSHROOM SAUCE
PASTA/RICE/POTATO	LEMON RICE	ROASTED VEGETABLE	MAC & CHEESE	MASHED POTATO
OPTION - 3	CHICKEN TAJINE	ARABIC ROAST CHICKEN	SPAGHETTI W MEAT BALL'S SAUCE	BUTTER CHICKEN
PASTA/RICE/POTATO	PENNE PASTA	PASTA ARABIATTA		STEAMED RICE